

CHILD AND ADOLESCENT EMOTIONAL WELLBEING PROGRAMME

A programme for parents and carers to get advice and strategies to support children and young people with their emotional wellbeing.

NEURODEVELOPMENTAL CONDITIONS AND MENTAL HEALTH

In this session we will focus on understanding mental health in the context of neurodevelopmental difficulties and practical ways to support young people.

NEW DATE

WHEN: Monday 27th March, 6pm to 8pm (arrival from 5:45pm)

WHERE: Rufus Centre, Steppingley Road, Flitwick, MK45 1AH

HOW TO BOOK: For full details and to book a free place [CLICK HERE](#), scan the QR code or follow us on twitter @camhswellbeing1

SCAN ME

